

FWC COVID-19 Sick Policy

In response to the COVID-19 pandemic, FWC wants to communicate to you the Covid-19 Sick Policy for students and staff. **This policy is subject to change as our situation changes.**

Please understand the FWC community is made up of those who are at risk due to their age, underlying medical conditions, and those who live in multi-generational homes. We want FWC to be a safe environment for all individuals and their families.

Our goal is to reduce the possibility of exposure, minimize the number of individuals needing to quarantine, and keep our school open. We are social distancing, promoting handwashing, and wearing face masks when social distance cannot be maintained. We have increased cleaning, implemented hand sanitizers, and applied plexiglass to desks to help to minimize transmission.

Potential Scenario #1

Per the CDC guidelines, a student or staff member diagnosed as Positive with COVID-19 may return to school when *all* of the following **three criteria are met**:

- 1. At least 10 days have passed since symptoms first appeared.**
- 2. At least one day (24 hours) with no fever without the use of fever-reducing medications.**
- 3. The individual has improvement in symptoms.**
 - A doctor's note is required to return to campus. Student-athletes need this clearance before they can resume physical activity because of potential COVID-19 cardiac issues per TAPPS.
 - The testing site will issue you a note for clearance or you can call your doctor to request a note, (after explaining you were diagnosed with COVID-19 and met the three criteria).

*Additional actions are taken when a positive case is reported:

- Contact Tracing will be initiated, any individuals identified as a Close Contact (exposed) will be notified, asked to quarantine, and self-monitor for symptoms for 14 days.
- The Tarrant County Health Department will be notified of any positive results.
- The Nurse will notify the Head of School of positive cases, any identified exposures, and recommendations from the Tarrant County Health Department.
- The specific campus Upper Head (LS, MS, or US) will be notified of the positive case(s) to move to FLEX as well as any identified exposures needing to move to FLEX.
- Alpine (cleaning service) will be notified of locations that need additional deep cleaning.

Potential scenario #2:

- A student is sent to or requests to go to the Nurse's office.
- If after assessing the student, the Nurse feels like the student needs to go home because the presenting symptoms are on the **CDC COVID-19 list** (*fever, cough, and shortness of breath. Other symptoms include muscle aches, fatigue, sore throat, chills, headache, runny nose, abdominal pain/discomfort, nausea, vomiting, or diarrhea*), the parent will be called to pick up the student.

- A parent may independently choose to have their child tested for COVID-19 due to presenting symptoms.
 1. A COVID-19 test, with negative results and **NO symptoms** would be required before a child may return to school.
 2. If a student is tested for COVID-19, they need to quarantine until they receive the test results.
 3. If not tested the student will need to wait 10 days before returning to school and meet the three criteria listed by the CDC.
 4. A student sent home wanting to return to school before meeting the three criteria must have a doctor's note of an alternative diagnosis before returning to school.

Potential Scenario #3

- A student or staff member calls in sick and notifies the FWC Medical Team or Head of School after hours of symptoms on the CDC COVID-19 list.
- A member of the FWC Medical Team will call the family or individual directly for more details.
 1. If a student or staff member chooses to get tested they must produce a Negative test before returning to school or work.
 2. If a student or staff member is not evaluated by a physician, they *must* wait 10 days before returning to school and meet the three criteria listed by the CDC.
 3. If a student or staff member wants to return to school before meeting the three criteria they must have a doctor's note of an alternative diagnosis before returning to school or work.
 4. If they have a positive COVID-19 test Scenario #1 will be followed.

Additional information:

- FWC school nurses will not be able to treat complaints of a headache with Tylenol or Ibuprofen.
- **Close contact** is defined as anyone who has been closer than 6 feet, for longer than or equal to 15 minutes, with or without a mask, with an individual who tested positive for COVID-19. An individual is considered contagious 48 hours (2 days) prior to the onset of symptoms and 10 days after the initial onset of symptoms.
- Close contacts are considered exposed. They *must* remain in quarantine for 14 days, monitor for symptoms, and take their temperature twice a day.
- Friends of an individual identified as a close contact do not need to quarantine. The FWC Medical Team will notify those individuals, if any, who were identified as close contacts.
- Children in Pre-K through First grade, due to the difficulty in maintaining social distance and limited mask-wearing may require an entire class or cohort to be quarantined for 14 days if a positive case is discovered in their class. The FWC Medical Team will consult and act upon the recommendations of the Tarrant County Health Department.
- If a member of the FWC community tests positive for COVID-19, please exercise compassion, respect privacy, avoid shunning and gossiping. This is a very stressful season of life for all, and we are all at risk
- **Please note this policy may change as our situation changes.**

It is our privilege and blessing to partner with you to keep our students and staff safe and in school. FWC will consult with the TEA (Texas Education Agency), the CDC (Center for Disease Control), Governor Abbott's guidelines, and the Tarrant County Health Department.