

FORT WORTH CHRISTIAN SCHOOL

Student Athletic Trainer Program

(Sports Medicine II)

The Fort Worth Christian Sports Medicine Department has developed a new program that will allow motivated students to be an integral part of our athletic program without having to physically participate on any of our sports. Students who become members of this program will have the opportunity to work with the team physicians, head athletic trainer, coaches, and players by assisting them with their sports medicine needs. Students will not only learn basic sports medicine concepts and skills, but will also have the opportunity to help out fellow classmates, be part of the athletic program, receive high school credit, and earn an athletic letter. For those who qualify, FWC student athletic trainers will also have an opportunity to earn scholarship money towards a college athletic training program after demonstrating exceptional dedication to the student athletic trainer programs at their high schools.

This program is only offered during **7th period** athletics and will count 1/2 credit of P.E. per semester towards your high school graduation requirements. Students must enroll in the program for a minimum of 2 consecutive semesters. Students in this program will be designated as student athletic trainers (SAT's). SAT's will work under the direct supervision of the FWC head athletic trainer – Coach Karlen. SAT's will be assigned to at least 1 sport each semester to provide players and coaches with their sports medicine and equipment needs, some traveling may be required. Student athletic trainers will also work along side the equipment managers to accommodate any of the teams needs.

Main duties and responsibilities of a student athletic trainer:

1. Providing medical coverage and equipment set-up for team practices and games.
2. Conduct injury assessments and apply treatments to our athletes.
3. Perform taping applications as needed.
4. Maintain documentation of training room activity.
5. Observe and assist head athletic trainer and team physicians.

Prerequisites:

- 1. Student must complete 6th period Sports Medicine I class with Coach Karlen prior to acceptance into the SAT program. (some exceptions may apply)**
- 2. Student cannot participate in FWC athletics for the entire year.**
- 3. Student must be enrolled as a high school student in good standing.**
- 4. Fill out an application and turn into Coach Karlen.**
- 5. Interview with head athletic trainer – Coach Karlen.
(acceptance into the SAT program maybe granted at this time)**

***Please complete application on the next page and turn into Coach Karlen.**

Application: FWC Student Trainer Program

Name: _____ . Gender: (circle one) Male Female

Age: _____ . Shirt size: _____ .
Grade: (circle one) 9 10 11 12

Address: _____ .
Street City Zip

Home phone # _____ . Cell phone # _____ .

Email address: _____ .

Parent(s) or Guardian's name and phone numbers: *(in case of an emergency)

Name: _____ . Cell # _____ .

Name: _____ . Cell # _____ .

Do you have your TX driver's license? (circle one) Yes No *If no, when?: _____ .

Do you have your own transportation? (circle one) Yes No *If no, when?: _____ .

Please list any extra-curricular activities that you participate in after school: (include days and times if applicable)

Please tell me why you are interested in becoming a student athletic trainer: _____

***Your signature accompanied with a parent or guardian's signature indicates your interest in the student athletic trainer program at Fort Worth Christian School. Applicants must be interviewed by the head athletic trainer before he or she can enroll in this program.**

Student

Date

Parent or Guardian

Date